



Adlington St Paul's Long Term PE Plan 2021/2022



Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Fundamental Movement Skills	Jack and the Beanstalk	Space	Rosie's walk	Mini Beasts	Seaside
	Transport	The Hungry Caterpillar	How to catch a star	Rumble in the jungle	Superworm	Elmer
Year 1	Catching and bouncing a ball	Rolling a ball	Gymnastics	Overarm throw	Tri Throlf	Playground games in the 20 th century
	Toy Story	Gymnastics	Underarm throw	Athletics	Lost and found	Zog
Year 2	Bounce ball	Moving along	The Great Outdoors	Net and wall	Athletics	End of KS1 assessment
	Jack and the Beanstalk	Gymnastics	Striking and fielding	Piggy in the middle	Playground games in the 20 th century	Dance
Year 3	Swimming	Swimming	Swimming	Athletic activities	Net and wall	Rounders
	Teamwork and problem solving	Gymnastics	Dance	Dodgeball	Netball	Tag and target
Year 4	Rock and roll	Gymnastics	Rugby	Dodgeball	Cricket	Net and wall
	Gymnastics	Teamwork and problem solving	Net and wall	Athletics	Trust and trails	Rounders
Year 5	Gymnastics	Gymnastics	Hockey	Athletics	Rounders	Creative games
	Team building	Dance	Outdoor Adventure Activities	Rugby	Net and wall	Rugby
Year 6	Gymnastics	Gymnastics	Creative games	Rugby	Outdoor Adventure Activities	Cricket
	Dance	Team building	Net and wall tennis	Athletics	Rugby	Netball

Learning Together Following Jesus

Christian values are the heartbeat of our school. Seeking to be respectful, responsible, and empowering global citizens, we follow the words of St Paul, 'Whatever you do, work at it with all your heart.' In this context, rejoicing in Jesus' love and compassion for all, we pursue excellence as we celebrate everyone's uniqueness in a broad, rich and balanced curriculum.